

Desperately Seeking Attachment: *Healing Our Youth Through Relationship* How Trauma and Neglect Disrupt Attachment



Distinguished Speaker



Allison Davis Maxon
Regional Executive Director, Kinship Center

Allison is a clinician, educator and advocate specializing in adoption/permanency, attachment and trauma. She is passionate about creating Systems of Care that are permanency competent and strength-based. She recently spoke at the prestigious Georgetown University

National Symposium on Children's Mental Health Systems of Care. Her presentation addressed Kinship Center's clinical competencies of permanency focused, attachment-based mental health services for children who have experienced trauma, neglect and/or loss.

Co-author and master trainer of *ACT: An Adoption and Permanency Curriculum for Child Welfare and Mental Health Professionals* (48 hrs)

Co-author and master trainer of *Pathways to Permanence: Parenting the Child of Loss and Trauma* (21 hrs)

Creator of *The Ten Things Your Child Needs Everyday*, a DVD with tools that help parents/caregivers strengthen their attachment relationship with their child

DVD available at the conference - \$25

CONTINUING EDUCATION CREDIT:

6 HOURS: FREE CEs - LCSWs, MFTs, RNs ONLY

Provider Name: The Knowledge Center, Health and Human Services Agency, County of San Diego

Address: 5201 Ruffin Road, Suite G, San Diego, CA 92123

Board of Behavioral Sciences Provider Number: PCE 446

Board of Registered Nursing Provider Number: CEP 03853

APA and AOD CEs are being offered by MHS for \$30

Mental Health Systems is an approved provider for the following professionals:

CAADE: California Association for AOD Educators (Provider #CP40-829-C-0311).

CAADAC: California Association of Alcoholism and Drug Abuse Counselors (Provider # 1S-01-478-1011)

CAARR: California Association of Addiction Recovery Resources (Provider #5046).

RAS: Breining Institute Registered Addictions Specialist (Provider #CEP0803031013-WRM-HS-CW).

APA Approval: Mental Health Systems Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists (Provider #1719)

Mental Health Systems maintains responsibility for these educational activities.

May 16, 2011

Bahia Hotel • San Diego, California

8:00 am - 8:45 am Registration and continental breakfast
8:45 am - 4:00 pm Conference (lunch provided)

Register online: www.mhsinc.org/calendar

Registration Fee: \$40 in advance • FREE CEs: 6 Hours, LCSWs, MFTs, RNs only

Scholarships available for Family, Youth and Students

For further information, please contact Rosella Aplin at (866) 910.2600 ext 1722

Description

We are social-emotional beings with an innate need to connect and form meaningful relationships. Every interpersonal skill that is required in order for us to be successful in creating and sustaining these relationships must be learned. Trauma, neglect and multiple disruptions in attachment relationships have a significant negative impact on a child's ability to learn these interpersonal skills. In fact, many of these children develop defensive strategies to avoid interpersonal relationships. To understand the complex emotional and behavioral problems our children are struggling to overcome, we must know how to create, facilitate and sustain the relationships they need to feel connected and whole.

Target Audience

Mental health treatment professionals, social workers, educators, probation officers, family, youth, community members, and health care providers.

Objectives

- Identify Attachment Theory, types of attachment patterns and how a crisis in the attachment relationship is an opportunity for change and healing
- Describe how attachment-deflecting behaviors serve as a protective mechanism for a child not rooted in permanency
- Identify the key clinical constructs of permanency focused, attachment-based services across Systems of Care
- Practice utilizing a developmental lens to focus treatment on needs, not pathology
- Describe how family systems attachment therapy empowers the family system to become the healing mechanism for the child
- Identify the 10 Things Your Child Needs Everyday to feel valued, connected and empowered

DIRECTIONS: Bahia Hotel, San Diego • (858) 488-0551
998 West Mission Bay Drive, San Diego, CA 92109

- Take I-5 Freeway to Sea World Drive exit • Go west on Mission Bay Drive
- Follow the road toward the ocean and look for the Bahia on the right

Conference funded by: HHSa, San Diego Children's System of Care Training Academy. This conference is in partnership with Mental Health Systems.

